



# The First Word

**First Lutheran Church  
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**www.FirstLutheranDeKalb.org**

**May 2010**

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**Join Us —  
June 21-25**

**(register online at  
[www.groupvbsspro.com/  
vbs/ez/firstdekalb](http://www.groupvbsspro.com/vbs/ez/firstdekalb))**

## **Pianist Jim Hendricks In Concert**

**Sunday, May 2  
7:00 PM**

Sycamore native pianist and recording artist Jim Hendricks will present a program of traditional gospel and contemporary Christian music on Sunday, May 2, at 7:00 PM. His arrangements are characterized by



unmatched technical ability and passion. Because of the fun, humor, energy, and variety of Jim's performances, people of all ages with diverse tastes in music are sure to enjoy this concert. Admission is free, however, a free will offering will be taken.

Hendricks will also provide special music during our morning worship service.

### Dates to Remember

Jim Hendricks Piano Concert .....	May 2
Property Committee Work Day .....	May 8
Pancake Breakfast .....	May 8
Mother's Day Program .....	May 9
Book Discussion Group.....	May 11
First Communion.....	May 16

May 2010

Dear Friends in Christ,

*“Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid.”*



John 15:27

When Pastor Diane Dardon was with us on April 18, she asked the children during the Children’s Word, “What are you afraid of?” “What things make you worried?” There were several responses, but I’m certain if more time had been allowed, many more responses would have been given. As adults, how might you answer those same questions? “What are you afraid of?” “What things make you worried?”

When we meet a person on the street or talk with someone on the phone, the first question usually asked is, “How are you?” The most common response is, “I’m just fine!” But are we? I suspect many of us bluff our way through the day, acting as though everything is “just fine.” But is it? Or, do we as adults also struggle to come to terms with our fears?

I think many people live behind locked doors ... doors of fear. We are afraid to move out of our comfort zones, to move away from that which is familiar to us. We may be afraid of not succeeding at work, at school, or in relationships. We may be anxious about the future and the decisions facing us. We may be anxious about paying the bills or being engaged in meaningful work. We may even be afraid of death and dying, so that we can’t enjoy the day that is ours.

If fear has ever gripped you and stifled your ability to function well, then the good news of Pentecost is for you! On that first Pentecost, just days after Jesus had ascended into heaven, his first disciples received power from on high. This power came as the Holy Spirit of God rested upon them, frightened and bewildered as they were. This Spirit came to offer them comfort, guidance and peace. This Spirit gave them power that transformed them from fearful disciples to bold, courageous witnesses for the faith.

This same Holy Spirit was given to each of us on the day of our baptism. This Spirit gives us peace ... not the kind the world can give to us, such as a teacher offering an encouraging word to a student. This Spirit comes to calm our fears and ease our burdens. This Spirit comes to breathe new life into us and to fill us to overflowing. This Spirit also gives us our marching orders ... to leave rooms locked by fear ... and go out into the community to tell others that Christ is alive, sin is forgiven, and that death has met its match. Yes, the Spirit reminds us that we have work to do, being the church, but we do not go the way alone. Christ is with us. His peace will give us strength.

May our prayer this Pentecost season be: *“God of tempest, God of whirlwind, as on Pentecost descend! Drive us out from sheltered comfort; past these walls your people send! Sweep us into costly service, there with Christ to bear the cross, there with Christ to bear the cross!”*

ELW #400

Peace be with you,

*Pastor Marilyn*

We welcomed to our Christian Fellowship, **Dylan Lee Nelson**, son of Chad and Gretchen Nelson, as he received the Sacrament of Holy Baptism on April 11.

Congratulations to Jeff and Kate Anderson on the birth of their first child, a daughter, Jillian Marie, born on February 24. The proud grandparents are **Larry and Faith Anderson**. We also congratulate **Elizabeth Wesemann and Ben VanderRoest** on the birth of their son, Logan Xavier, born on April 6. **Trudy Wesemann** is the proud grandma and **Don and Pat Johnson** are the great-grandparents.



Congratulations to **Christian and Amy Kuhns** who celebrate their 5<sup>th</sup> wedding anniversary on May 7; to **Bertil and Marian Larson** on their 59<sup>th</sup> anniversary on May 19; to **Ron and Jan Setchell** who celebrate their 51<sup>st</sup> anniversary on May 23; to **Doug and Debby Black** on their 35<sup>th</sup> anniversary on May 24; and to **Ken and Glennie Barshinger** on their 59<sup>th</sup> anniversary on May 29.

Please remember the following people in your

**Property Committee Work Day**

The Property Committee will hold a Spring Work Day on Saturday, May 8, from 8:00 AM until 12:00 NOON.



**Are You Able?**

Projects for the day include: replacing the bell tower ladder, cleaning the balcony, caulking some windows, painting the garage doors, repairing the closet floor in the basement, cleaning the west border of the parking lot. There is also always plenty of yard work and/or windows to wash if lots of people show up.

**If you are able to help**, please contact Jan Womack or Keith Setchell.

prayers: **Cliff Golden, Heidi Hietanen, Don Johnson, Lois Johnson, Dave Kothrade, Barbara Lindus, Rod Lothson, Dan and Hazel Metzger, Sharon Retrum, and Al Ritzman.**

**You Are Invited**

The congregation is invited to **Liz Peregrine's** Bassoon and Voice Recital on Sunday, May 23, at 2:00 PM. The recital will be held at the church. **Jean Nelson** will accompany. Liz promises to keep it short and sweet!

**Special Note**

During May, we will celebrate the gift of music at First Lutheran Church with special music each week during worship.

**Save the Date!**

**Guatemala Mission Trip**

**January 7-17, 2011**

On our mission trip with Journeys of Hope in



*Save of Date* 2011, we will be working on the School of the Saints, staffing a medical clinic at the school, and attending the dedication and opening of the school on January 11. There's also a trip to visit our friends at the coffee plantation, an afternoon on the black sand Pacific Ocean Beach, and a day in Antigua.

Please contact Pastor Roy if you would like to go on this amazing 'journey of hope!'

## **Cross Walk Sunday Workshop Updates**

### **Rotation 9 — Doubting Thomas**

On April 25, May 2, and May 16 the students will discover that seeing is not always believing. They will watch "*He Is Risen*" in Scripture Cinema, read Thomas, the Doubting Disciple and perform an experiment in Living Word, and produce a TV show about the Doubting Thomas story in WWJD Good News Station.

### **Cross Walk Students**

### **have Published a Book!**

During the Holy Week Living Word workshop, our students have contributed to the book: Living Word: the Christian Celebration of Holy Week. This book explains some of the important events, vocabulary, people, and places of Holy Week. Check out this book in the church Library!

**Thank You!** A big thank you to our Rotation 8 and 9 workshop leaders: **Kelly Buhk, Elsa Glover, Peter Hastings, Barbara Henson, Paul Letheby, and the First Lutheran Youth Group.** We couldn't do it without you!



Lily Kothrade, Michael Jaros, and Noelle Kerschke from the Tiny Tots class recreate Jesus' ride into Jerusalem on Palm Sunday during the Holy Week Rotation of Peter's Theater.

### **First Communion Instruction**

Reminder for all children in second grade or above who have not received Holy Communion — your First Communion is fast approaching! Your final rotation will be Communion — a workshop upstairs in Classroom B (next door to the Music Room) with Pastors Marilyn and Roy on April 25 and May 2 from 10:20 – 11:20 AM during the regular Cross Walk Sunday hour. Parents are invited and encouraged to attend with their son or daughter. Students will receive their First Communion on Sunday, May 16. A reception in the Social Hall will follow.

**Mother's  
Day**



**CELEBRATE THE GIFT OF MUSIC ... and  
moms, aunts, godmothers and grandmas!**

**Sunday, May 9, at 10:30 AM  
in the Social Hall**

Cross Walk Kids, from Tiny Tots through Sixth Grade, will present a short program of songs learned this year during music time. Audience participation may be involved—the Boomwhackers will be your cue to sing! In addition, you will get to see a PowerPoint presentation of some of the work students have done this year during Cross Walk Sunday and Wednesday. Please join us!

## Children's Ministry News

**Kindness Klub Hits the Road!** ... both Kindness Klub groups (grades 2-6) went to DeKalb Rehab and Nursing Center on April 14 to help with the resident bingo games. Thanks to **Cathy Foelske** for arranging the trip and to **Elsa Glover** and **Vicki Kothrade** for serving as chaperones. As the saying goes, a good time was had by all!

**Can you recite the books of the New Testament in order??** First through Fourth Graders have been learning all 27 names through song. **Kerstin Henke** was the first one to be able to sing all the books from memory and earn a special Bible pen. Way to go, Kerstin!

**Cans for Tanzania** — We are still collecting aluminum cans to raise money for Tanzania famine relief. So far we have raised \$81.70!! Add this to the Sunday School donations, a check for \$1,100.00 was given to the Wadles to hand deliver to Pastor Meshorori at Ketumbeine Parish. This project will continue through the summer. Keep bringing your rinsed out cans to the back of the kitchen. Thank you.

**Three Singers to attend Choral Camp** — **Rachel Hunter-Rosene, Jessica Marx, and Calla Nelson** will be attending the Fifth Annual Young Lutherans Sing Camp for fourth - eighth graders from July 27-31 at Valparaiso University. It's not too late to register. Contact Jean Nelson for more information or check out [www.alcm.org](http://www.alcm.org)

**Praise Kids and Joyful Noise Choirs** will rehearse together on Sunday, May 2, at 11:30 AM. This will be the final rehearsal for the year. In these last few weeks we'll be working on the anthem to be sung with the Adult Choir and have some fun with rhythm instruments.

## Teacher Appreciation

Please join us as we thank our teachers for sharing and teaching God's word to the youth of our congregation. Teachers will be recognized on April 25 during worship. Cross Walk Sunday and Wednesday volunteers include: **Gerry Aase, Sarah Baker, Mary Jean Bauling, Madison Bauling, Kristin Bayle, Nicole Billips, Kelly Buhk, Debra Burgin, Leanza Burright, Pam Corneille, Carrie Engstrom, Cathy Foelske, Jenny Franzene, Linda Freeland, Trevor Freeland, Alayna Gersic, Dawn Gersic, Elsa Glover, Rob Glover, Michele Gray, Breanna Hanson, Peter Hastings, Isaac Hietanen, Nicole Henke, Barbara Henson, Allison Hunter-Rosene, Lois Jacobson, Lori Johnson, Julie Karolus, Susan Kerschke, Debbie Kish, Vicki Kothrade, Teresa Lange, Paul and Mary Lou Letheby, Nancy Long, John Longeville, Mark Mackeben, Jacob Marx, Dave and Dawn Marx, Stefanie Mecklenburg, Bridget Meier, Matt and Adina Morfoot, Ben Nelson, Judy Neumann, Caroline Peregrine, Liz Peregrine, Abbey Riel, Karen Sjolund, Bryan Taylor, Tarryn Thaden, Jessica Wellman, Sharon Williams, and Jim and Jan Womack..**



## Vacation Bible School IS Coming!

Be a part of Vacation Bible School at First Lutheran as we set sail for the high seas **June 21 - 25**. We will meet each day from 9:00 AM - NOON at the church. This summer, we're setting sail for VBS fun on the High Seas! Kids will feel the sea spray on their face as sails snap overhead. They'll experience the deep rolling waters of God's love. It's easily the best time they will have all summer. Don't miss the ship — register now to be a part of this High Seas Expedition VBS! Kids at High Seas Expedition will learn something new about God's Word each day: God's Word is true, comforting, surprising, life-changing and for everyone.



As we plan and prepare for High Seas Expedition, our team would cherish your prayers. Pray that God gives us wisdom in planning. Pray for the right staff members to step forward to join the team. And pray that God begins working in the hearts of the parents and their children who will come to High Seas Expedition!

**To pre-register and/or volunteer** to help out, contact our VBS Coordinator, **Teresa Lange**, [ttmelange@comcast.net](mailto:ttmelange@comcast.net) or log on to our VBS website [www.groupvbspro.com/vbs/ez/firstdekalb](http://www.groupvbspro.com/vbs/ez/firstdekalb). Watch for more information about this exciting ministry event!

### Hope Haven News



I would like to thank the following people for cooking for Hope Haven this past year: **Dale and Debbie Benson, Tammy Carson, Stephanie Corn, Trevor Engstrom, Laury Hallgren, Colleen Johnson, Julie Karolus, Teresa Lange, Jill Olsen, Donna Peterson, Sue Russell, Patti and Haley Salazar, Marilyn Sanders, Dorothy Thorsen, Diana Vonderheide, Sharon Wadle, Jan Womack, Kathi and Shelby Wood, Bev Wrigley** and our **Youth Group**.

Thank you all for helping with this worthy cause.

The chart for Hope Haven volunteers is posted on the bulletin board outside the Library. Volunteers are asked to help provide a portion of the meal (a main dish; a vegetable or salad; or dessert and milk). First Lutheran is responsible for the second Wednesday of each month. If you are interested in helping, contact **Carrie Engstrom** at 758-2588 or sign up today!

**Carrie Engstrom**

## Youth News



**Meal and a Message** will meet on May 5, 12, and 26. There will be NO Meal and a Message on May 19.

**Sunday School** — the last day of Sunday School will be May 2.

**The Jr. and Sr. High Youth Groups** are invited to come play Frisbee Golf at the Prairie Park Arboretum on Saturday, May 29, from 1:00 — 3:00 PM. No sign-up is required, but if you need directions please talk to Liz Botts.

**Senior Recognition Sunday** will be held on May 30 during the Social Hour. Please help us celebrate our seniors. We will recognize **Mitch Aase, Nicole Billips, Blair Hallgren, Katie Heminway, Liz Peregrine, and Jacob Peterson.**

## Troop 33 Pancake Breakfast

Our Boy Scout Troop 33 will hold their Annual Pancake Breakfast on Pancake Breakfast Saturday, May 8 from 7:00 to 10:30 AM in the Social Hall. Ticket prices are \$5.00 for adults and \$3.00 for children. Preschoolers are free. The menu includes all-you-can-eat pancakes, sausage, applesauce, coffee, and juice.



Tickets are available from any scout member and may also be purchased at the door. Proceeds will help pay for scouting activities this summer. Come, eat breakfast and then join the Property Work Day crew!

## The Giving Garden

Do you enjoy growing your own vegetables? Do you like “playing in the dirt?” Do you have a heart for the hungry in our community? Would you like to spend more time outdoors this summer? If so, here’s an opportunity for you to be involved in a new ministry opportunity. The plan is simple: We plant and tend a vegetable garden. Produce from the garden gets donated to Hope Haven, Safe Passage, the Salvation Army, and others in need. Those who hunger for fresh produce are fed by others who are fulfilled by caring for God’s creation.



**Mike and Sharon Wadle** have graciously agreed to let us use their garden plot. Sharon has already planted lettuce and garlic, but there’s lots more space to plant carrots, peas, beans, cucumbers, zucchini, broccoli, peppers, etc. The soil is ready — now we need people to plant and tend the garden. This is a great opportunity for adults and children to work together. Garden helpers need not be members of First Lutheran. Sign up in the office or contact Jean Nelson at 758-0643 for more information.



# First Lutheran Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>25</b> <b>9:00 AM</b> Worship <b>10:00 AM</b> Coffee Fellowship <b>10:20 AM</b> Cross Walk Activities/ First Communion Instruction <b>11:20 AM</b> Praise Kids Choir Rehearsal	<b>26</b> <b>9:00 AM</b> Mothers of Preschoolers <b>6:00 PM</b> GED Classes <b>7:00 PM</b> Boy Scouts	<b>27</b> <b>8:30 AM</b> Project Group <b>9:00 AM</b> Staff Meeting <b>6:30 PM</b> Women's Night Out at Ruby Tuesday's	<b>28</b> <b>6:45 AM</b> Red-Eye Bible Study <b>11:00 AM</b> Clergy Text Study <b>4:30 PM</b> Joyful Noise Choir Rehearsal <b>5:30 PM</b> Meal & A Message <b>6:00 PM</b> GED Classes	<b>29</b> <b>6:15 PM</b> Handbell Choir <b>7:30 PM</b> Adult Choir	<b>30</b> <b>4:00 PM</b> Wedding Rehearsal	<b>1</b> <b>4:00 PM</b> Wedding Service of John Baccheschi and Mary Burke
<b>2</b> <b>Food Pantry Donations</b> <b>9:00 AM</b> Worship <b>10:00 AM</b> Coffee Fellowship <b>10:20 AM</b> Cross Walk Activities/ First Communion Instruction <b>11:20 AM</b> Praise Kids & Joyful Noise Choir Rehearsals <b>7:00 PM</b> Jim Hendricks In Concert	<b>3</b> <b>12:00 NOON</b> Linen Ministry Team Meeting <b>6:00 PM</b> GED Classes <b>7:00 PM</b> Boy Scouts	<b>4</b> <b>8:30 AM</b> Project Group <b>9:00 AM</b> Staff Meeting <b>6:30 PM</b> Ministry Team Meetings <b>8:00 PM</b> Executive Committee	<b>5</b> <b>6:45 AM</b> Red-Eye Bible Study <b>11:00 AM</b> Clergy Text Study <b>5:30 PM</b> Meal & A Message <b>6:00 PM</b> GED Classes	<b>6</b> <b>2:00 PM</b> Naomi Circle <b>4:30 PM</b> Website Team Meeting <b>6:15 PM</b> Handbell Choir <b>7:30 PM</b> Adult Choir	<b>7</b>	<b>8</b> <b>7:00 - 10:30 AM</b> Boy Scout Pancake Breakfast <b>8:00 AM - 12:00 NOON</b> Property Committee Work Day
<b>9</b> <b>Aluminum Can Collection</b> <b>9:00 AM</b> Worship <b>10:00 AM</b> Coffee Fellowship <b>10:30 AM</b> Mother's Day Program	<b>10</b> <b>9:00 AM</b> Mothers of Preschoolers <b>6:00 PM</b> GED Classes <b>7:00 PM</b> Boy Scouts	<b>11</b> <b>8:30 AM</b> Project Group <b>9:00 AM</b> Staff Meeting <b>12:00 NOON</b> Book Discussion Group <b>6:30 PM</b> Congregation Council	<b>12</b> <b>6:45 AM</b> Red-Eye Bible Study <b>11:00 AM</b> Clergy Text Study <b>5:30 PM</b> Meal & A Message <b>6:00 PM</b> GED Classes	<b>13</b> <b>9:00 AM</b> Prelude - Women's Bible Study <b>6:15 PM</b> Handbell Choir <b>7:00 PM</b> Love INC Board Meeting <b>7:30 PM</b> Adult Choir	<b>14</b>	<b>15</b>
<b>16</b> <b>9:00 AM</b> Worship with First Communion <b>10:00 AM</b> Coffee Fellowship <b>10:20 AM</b> Cross Walk Activities	<b>17</b> <b>12:00 NOON</b> Linen Ministry Team Meeting <b>7:00 PM</b> Boy Scouts	<b>18</b> <b>8:30 AM</b> Project Group <b>9:30 AM</b> Northeast Conference Pastor's Meeting	<b>19</b> <b>6:45 AM</b> Red-Eye Bible Study <b>9:00 AM</b> Staff Meeting <b>11:00 AM</b> Clergy Text Study	<b>20</b> <b>Newsletter Deadline</b> <b>6:15 PM</b> Handbell Choir <b>7:30 PM</b> Adult Choir	<b>21</b>	<b>22</b>
<b>23</b> <b>9:00 AM</b> Worship with Holy Baptism <b>10:00 AM</b> Coffee Fellowship <b>2:00 PM</b> Liz Peregrine's Recital	<b>24</b> <b>9:00 AM</b> Mothers of Preschoolers <b>7:00 PM</b> Boy Scouts	<b>25</b> <b>8:30 AM</b> Project Group <b>9:00 AM</b> Staff Meeting <b>6:00 PM</b> Women's Night Out	<b>26</b> <b>6:45 AM</b> Red-Eye Bible Study <b>11:00 AM</b> Clergy Text Study <b>4:30 PM</b> Joyful Noise Choir Rehearsal <b>5:30 PM</b> Meal & A Message	<b>27</b> <b>9:00 AM</b> Prelude - Women's Bible Study <b>6:15 PM</b> Handbell Choir <b>6:30 PM</b> Personnel Meeting <b>6:30 PM</b> Needlework Group <b>7:30 PM</b> Adult Choir	<b>28</b>	<b>29</b> <b>1:00-3:00 PM</b> Jr. & Sr. High Frisbee Golf at Prairie Park Arboretum
<b>30</b> <b>9:00 AM</b> Worship <b>10:00 AM</b> Coffee Fellowship/ Senior Recognition	<b>31</b> <b>Church Offices Closed for            Memorial Day Holiday</b>	<b>1</b> <b>8:30 AM</b> Project Group <b>9:00 AM</b> Staff Meeting <b>6:30 PM</b> Ministry Team Meetings <b>8:00 PM</b> Executive Committee	<b>2</b> <b>6:45 AM</b> Red-Eye Bible Study <b>11:00 AM</b> Clergy Text Study <b>5:30 PM</b> Meal & A Message	<b>3</b>	<b>4</b>	<b>5</b>

## Highlights of the April Council Meeting

- Discussed the progress made on our 2010 mission goals
- Heard that a work day at the church is scheduled for Saturday, May 8
- Approved the reallocation of some of Jean Nelson's work hours as Music Coordinator to that of a Shared Ministry Coordinator. In this new role, Jean will work with our members in discovering their spiritual gifts and then finding ways they can use those gifts for ministry
- Scheduled a quarterly report to the congregation for Sunday, April 25 after worship

## What's New in The Linen Closet?

The Linen Sisters continue to be amazed at how this ministry keeps growing. What started as a simple idea of what one person could do has blossomed into something bigger and involving more people in the community than we ever imagined.

During the month of March, we distributed the following items: 90 sets of bath towels and wash cloths; 12 hand towels; 9 dish towels and cloths; 8 sets of twin sheets and mattress pads; 10 pillows; 2 queen sheet sets and mattress pads; 1 queen quilt, 1 double comforter, 1 twin comforter; 1 shower curtain and bath rug set; 4 placemats, and several rugs. In addition to individuals and families, items were delivered to Hope Haven and Safe Passage. Donations for the closet arrive almost daily, many from people outside of our congregation.

The Linen Closet ministry was



Jean Callary and Ann Lindahl sort through donations to The Linen Closet.

featured in a short PowerPoint presentation shown at the Love INC Banquet on April 10. Thanks to Jim Barker for producing a wonderful video.

Thanks to a request generated by **Jim Johnson**, we received a Thrivent grant for \$1,000! Much of that money has already been spent on new pillows and mattress pads thanks to power shopper **Jean Callary**. Thanks also to **Harold and Sue Grafe** for storing some of the overflow in their home.

**Women's Bible Studies  
Coffee and Conversation  
... a great way to begin the day!**

Women, come join your sisters of faith for coffee and good conversation centered around the study of God's Word. We have been working our way through the book of Romans this year, using the study in *The Lutheran Woman Today* magazine, a publication of the ELCA. We're always open to having new sisters join us so please do consider coming. We'll meet in May on the 13<sup>th</sup> and 27<sup>th</sup> from 9:00 – 10:30 AM upstairs in Classroom A. Extra copies of the study will be available for those who don't subscribe to the magazine. We hope you'll come. A warm welcome awaits you!



**A 'Sunset' Study to  
begin this Summer ...**

Do you need a great way to wind down after a busy day? Do you long to spend time in God's Word, but just don't seem to do it much on your own? Do you enjoy connecting with others to share your life's joys and struggles? If so, then consider yourself invited to join Pastor Marilyn in a new Bible study group beginning this summer. Like the morning "Prelude" Bible study group, those meeting near "sunset" will have opportunity to reflect and ponder on the gift of prayer and how it can add power to one's spiritual life. We'll plan to meet at the church on the second Wednesday night of the month from 7:30 – 8:45 PM (June 9, July 14, and August 11). A light dessert and a cool glass of iced tea or lemonade will be served. Please give Pastor Marilyn a call if this is a group you'd like to join!

**Women's Night Out ...**

Are you one of those women who love to go out to eat and let others do the cooking for you? Are you one of those women who enjoy just getting together with other women to talk about anything and everything? If so, you really ought to come to "Women's Night Out" on the fourth Tuesday night of each month! We get together for good food and good conversation at a variety of restaurants in the DeKalb-Sycamore area. There is no set agenda; the evening is purely social. You order what you want and pay for what you order. Our next night out will be Tuesday, May 25, at 6:00 PM at O'Leary's in downtown DeKalb. Please call the Church Office by noon on the 25<sup>th</sup> to let us know you'll be coming. We'll call the restaurant and get the table reserved!

**Introducing Prelude's  
Summer Bible Study ...**

**Prelude**, our Thursday morning Bible study group, will engage in a study on prayer this summer titled "Pray Always," written by Rev. Gladys Moore, a pastor of the ELCA who serves at Mount Holyoke College in South Hadley, MS. It will be a three-session study focused on the following themes: "Persistence", "Waiting with Patience and Hope", and "Power." We'll meet on the second Thursday morning of the month from 9:00 – 10:30 AM for this study. The dates will be June 10, July 8, and August 12. Pastor Marilyn will serve as the facilitator of the Bible study.

## Getting to Know Our Members

**Vicki Scheel** is our “getting to know you” member of First Lutheran this month. Vicki is a speech language pathologist and rehabilitation program manager. She was born in Milwaukee and went to school in Fond du Lac, WI. Vicki graduated from Northern Wisconsin University in Wausau/Merrill and has since lived in Aurora, Yorkville, and, mostly recently, Naperville, IL.



In her free time, Vicki enjoys music, sports, and outdoor activities. She volunteers her time and skills to help the elderly and appreciates time spent assisting and visiting family. She is a member of a Bible study group with friends near her home.

Vicki became a member of First Lutheran in the fall of 2000. She noted two reasons for wanting to become a member here. The first was that she had a feeling that “it was the place the Lord wanted me to be” and the second was the church’s music program.

This is Vicki’s faith story: “My faith gives me balance in my life. It keeps me grounded and focused on what is important. My faith gets me thru the difficult times and helps me rejoice and be thankful, praising the Lord in the good times for the awesome God we have and the wonderful ways He loves and supports me. My faith gives me peace and strength to see the amazing things around me and face the challenges, trusting and believing in the good and that the good will prevail in the Lord even if they/we/I do not see it. All we need to do is follow the Lord’s plan and trust in His plan for us every day and at all times.”

Vicki’s hopes for First Lutheran are an increase in opportunities for Bible study, and that we will grow in our acceptance of each other with open minds and hearts rather than focusing only on ourselves. Please say hello to and get to know Vicki.

## Book Discussion Group to Meet in May

The next book discussion group date is scheduled for Tuesday, May 11 at noon. The book of the month is “*The Guernsey Literary and Potato Peel Society*” by Mary Ann Shaffer and Annie Barrows.

“I can’t remember the last time I discovered a novel as smart and delightful as this one, a world so vivid that I kept forgetting this was a work of fiction populated with characters so utterly wonderful that I kept forgetting they weren’t my actual friends and neighbors. Treat yourself to this book please—I can’t recommend it highly enough.”

— *Elizabeth Gilbert, author of Eat, Pray, Love*

If you like to read, this group is for you! Please bring a sack lunch to enjoy while discussing the book. All are welcome.

## VisionWalk - 2010

The Fifth Annual Chicago VisionWalk will take place on Sunday, June 13, at Soldier Field in Chicago. It is a safe, short walk route (less than 5K) and a truly inspirational event. VisionWalk is the signature fundraising event for the Foundation Fighting Blindness.

**John Corneille** and his family are again participating in VisionWalk and John is the Chairman for the entire event for the second consecutive year. You can support John financially by making a donation to his team. You are also invited to join his team and walk with him at the event. Online donations and sign-up on Team JOHN can be made by visiting [www.visionwalk.org](http://www.visionwalk.org). Checks can be made to FFB and sent to John at 220 Thornbrook Road in DeKalb.

Incredible advances have been made in the last few years, including actual restoration of sight in children participating in clinical trials funded by The Foundation. Retinal diseases such as macular degeneration, retinitis pigmentosa, and Usher's Syndrome are some of the disorders receiving the focus of research grants from The Foundation.

If you have questions about how to help, please contact John at 756-3518 or e-mail him at [j-corneille@comcast.net](mailto:j-corneille@comcast.net).

## Care Group to Form

The Parish Nurses and the Social Ministry Team are reaching out not



only to those members who may be confined to their homes, but also to those who help care for them. If you would like to respond to the questions listed below, please contact **Cathy Foelske** at 815.756.1743 or any of the other parish nurses, or call the Church Office. Forming a support group for caregivers, or helping to provide respite care for caregivers, are ways that we can care for each other.

- Do you provide near continuous care for someone in your home?
- How do you take time off? Can we help? How can we help?
- Would you appreciate a support group?
- How can the members of the congregation support you?
- Are you interested in receiving a copy of the weekly worship service?

## Parish Nurse News

Are all carbohydrates bad for you? Certain carbs are essential for your nutrition. Indulging in plant based carbs contain a natural way to feel full. Plant based carbs have fiber and resistant starch (a type of carb that acts like fiber aiding in a full stomach).

What are some plant based carbs and what nutritional value do they contain? Potatoes have Vitamin C and potassium. Beans are loaded with protein and fiber. Strawberries contain Vitamin C, fiber, and folate. Beets have iron, folic acid, and fiber. Bananas are high in potassium and aid in a healthy blood pressure.

Brownies and cake are the "not so good for you" types of carbs.



- |                     |                      |                     |
|---------------------|----------------------|---------------------|
| 1. Jack Cress       | 12. Ted Jouris       | 22. Emily Peterson  |
| Diana Vonderheide   | 12. Matthew Baumgart | 22. Adam Baie       |
| Sharon Wiltberger   | Roger Hopkins        | Madeliene Clark     |
| 2. Alexis Kish      | 13. Roy Nelson       | Morgan Karolus      |
| 4. Jeffrey Anderson | 14. Leanza Burrignt  | Dorothy Youngren    |
| Jennifer Guymon     | Robert Larson        | 23. Ryan Wallin     |
| Hayden Palmer       | 15. Lori Hamel       | 26. Josephine Hall  |
| 6. Judy Neumann     | 16. Doug Hamel       | 27. Mckenna Wallin  |
| David Yaeger        | Virginia Jackson     | Joseph Young        |
| 10. Lynn Cook       | Marissa Stubbs       | 28. Nickolai Glover |
| 11. Jane Fay        | Taylor VanderRoest   | Patricia Johnson    |
|                     | 17. Cole Partridge   | 29. Linnea Baumgart |
|                     | 18. Teresa Lange     | 30. Allison Karolus |
|                     | Evelyn Worrell       | Kasey Kitchen       |
|                     | 19. Don Wesemann     | Esther Niemi        |
|                     | 20. William Sanders  | 31. Anne Faivre     |
|                     | 21. Megan Kish       | Lois Jacobson       |
|                     | Perry Larsen         |                     |

## Comptroller Report for February and March 2010

	February Actual	March Actual	Year-to-Date Actual
Income	\$25,302.00	\$34,975.40	\$95,341.74
Expenses	\$37,398.01	\$40,860.25	\$112,424.75
Income Less Expense	(\$12,096.01)	(\$5,884.85)	(\$17,083.01)

**Capital Building Fund Loan Balance - \$422,598.87**

One day's interest on mortgage - \$67.10

## Attendance Figures for February and March 2010

**9:00 Sunday**

**9:00 Sunday**

	February 7	March 7
February 7	189	211
February 14	202	207
February 21	176	178
February 28	177	218

## First Staff

### Senior Pastor

Marilyn G. Hanson

Pastor@FirstLutheranDeKalb.org

### Associate Pastor

Roy Nelson

RevRoy@FirstLutheranDeKalb.org

### Administrative Assistant

#### Financial Secretary

Lynn Schmidt

Office@FirstLutheranDeKalb.org

#### Comptroller

Matt Morfoot

Support@FirstLutheranDeKalb.org

### Director of Youth Ministries

Liz Botts

liz\_botts@yahoo.com

### Cross Walk Sunday Coordinator

Stephanie Corn

Education@FirstLutheranDeKalb.org

### Music Ministry Coordinator

### Cross Walk Wednesday Coordinator

#### Children's Music Director

MaryJean Nelson

Music@FirstLutheranDeKalb.org

### Organist

Mark Mackeben

mark.mackeben@gmail.com

### Adult Choir Director

John Feken

### Bell Choir Director

Judy Neumann

### Nursery Attendant

Cindy Hammil

### Custodian

Bill Colvin

### Security

Howard Jacobson

## Congregation Council

Paul Letheby, President  
Bob Snow, Vice-President  
Cathy Foelske, Secretary  
Bill Sanders, Treasurer

Randall Baker  
Joyce Davidson  
Barbara Henson  
Keith Kish  
Trent Lange  
Stan Lindahl  
Barbara Schrader  
Tarryn Thaden

## Ministry Team Chairpersons

### Endowment

Arlyn Strike

### Evangelism

Mary Colvin & Sue Grafe

### Finance

Dorothy Thorsen

### Faith Formation

### Personnel

Jim Womack

### Property

Keith Setchell & Jan Womack

### Social Ministry

Jack Cress & Harold Grafe

### Stewardship

John Longeville

### Worship/Music/Fine Arts

Jean Nelson, Music Coordinator

### Youth Ministry